



# 8<sup>th</sup> SYMPOSIUM ON Acute Promyelocytic Leukemia

*Dedicated to Prof. Francesco Lo Coco*  
*Featuring an AML meeting coordinated by EHA SWG AML*

Richard Dillon, Guy's Hospital / King's College London

10-11 Aprile 2024

ROMA • Hotel NH Collection Roma Centro

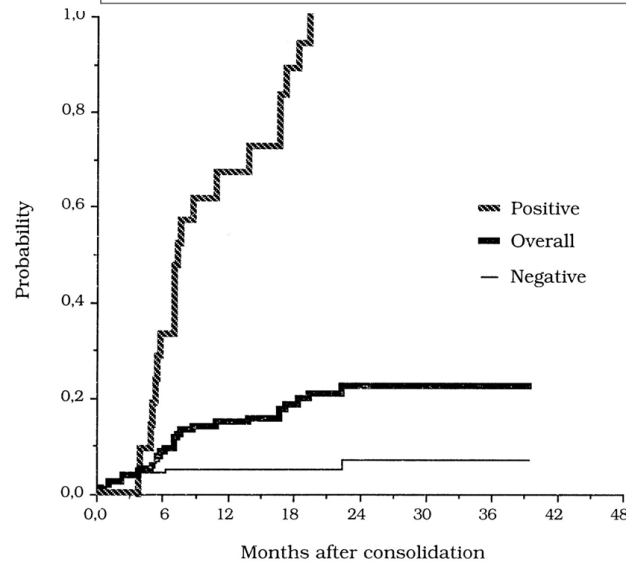
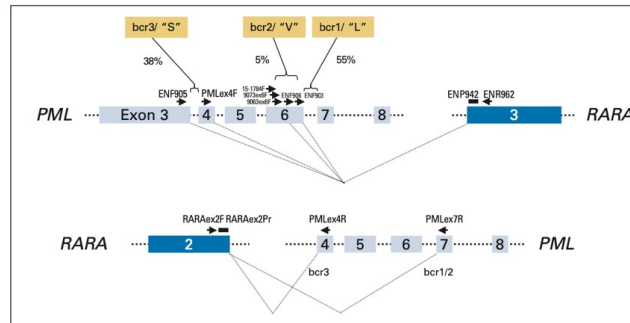
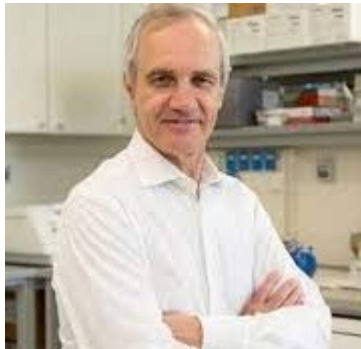
# Is Disease Monitoring Still Necessary ?



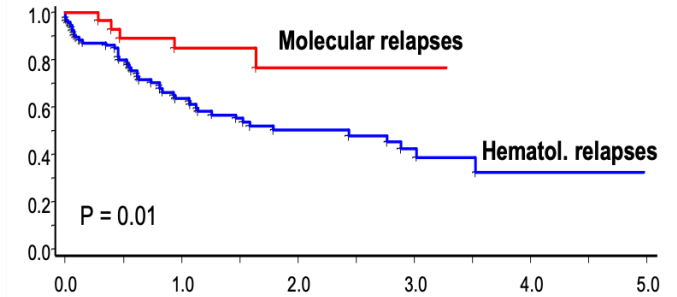
## Disclosures of Richard Dillon

Company name	Research support	Employee	Consultant	Stockholder	Speakers bureau	Advisory board	Other
Abbvie	X		X			X	
Amgen	X						
Astellas			X			X	
Jazz	X		X				
Pfizer	X						
Servier			X				

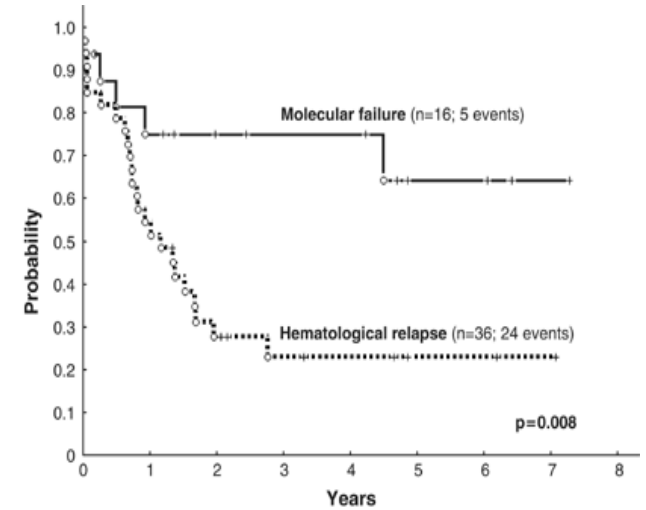
# The pioneers of molecularly guided therapy in APL



Diviero, D. et al, Blood, 1998

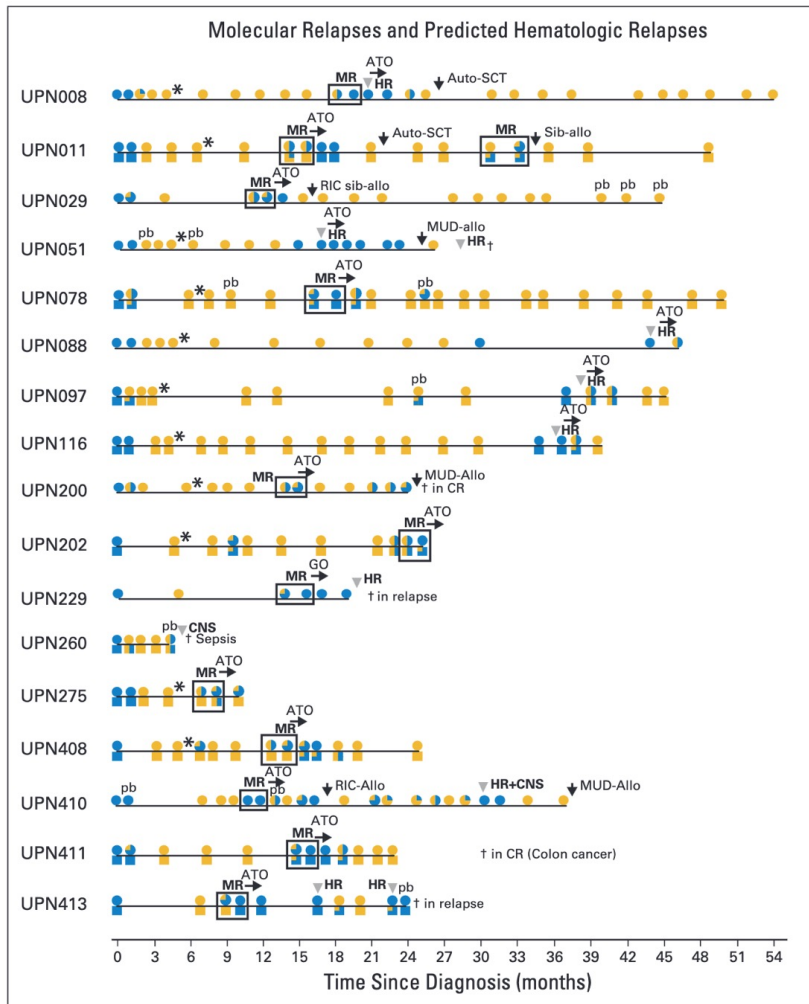


Lo Coco F. et al, Semin Haematol, 2002



Esteve, J. et al, Leukaemia, 2007

# The pioneers of molecularly guided therapy in APL



- 1) Almost eliminated frank relapse
  - 2) Made frontline ATO trials possible
  - 3) Demonstrated the effectiveness of using targeted therapies at MRD relapse
- > a therapeutic revolution
  - > now used in other types of AML

Grimwade, D. et al, JCO, 2009

# Current ELN Guidelines

<p>2.12. Because early treatment intervention in patients with evidence of MRD affords a better outcome than treatment in hematologic relapse, <u>MRD monitoring of BM every 3 mo should be offered to high-risk patients (WBC count <math>&gt;10 \times 10^9/L</math>) for up to 3 y after completion of consolidation therapy; given the very low probability of relapse for non-high-risk patients (WBC count <math>\leq 10 \times 10^9/L</math>), prolonged MRD monitoring could be avoided in this setting or carried out using PB</u></p>	<p>IIb-B</p>	<p>Slightly modified</p>
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Because early treatment intervention in patients with evidence of MRD affords a better outcome than treatment in full-blown relapse, MRD monitoring of BM has been used in routine clinical practice for all patients. However, the striking outcome improvements obtained with modern treatments call into question the benefit of stringent and prolonged monitoring of MRD, at least in non-high-risk patients (WBC count  $\leq 10 \times 10^9/L$ ) where the risk of relapse is extremely low. Given uncertain cost-effectiveness, postconsolidation MRD monitoring can be avoided in this setting and performed only in high-risk patients (WBC count  $>10 \times 10^9/L$ ) in routine clinical practice. This is in contrast to recently reported recommendations from the ELN MRD Working Party.<sup>42</sup> Although the NCRI group suggested that longitudinal monitoring postconsolidation at the 3-month interval could be carried out in patients receiving ATRA and chemotherapy, with the intent to administer ATO-based salvage early at the time of molecular relapse,<sup>43</sup> we reiterate that MRD monitoring can be avoided in non-high-risk patients who achieve CR<sub>MRD-</sub> status after consolidation, not only in patients treated with ATRA plus ATO, but also in those with ATRA plus chemotherapy. We also do not recommend MRD evaluation after induction outside of clinical trials, and emphasize again that MRD evaluation postinduction should definitely not influence therapeutic decisions.

# Is Disease Monitoring Still Necessary ?

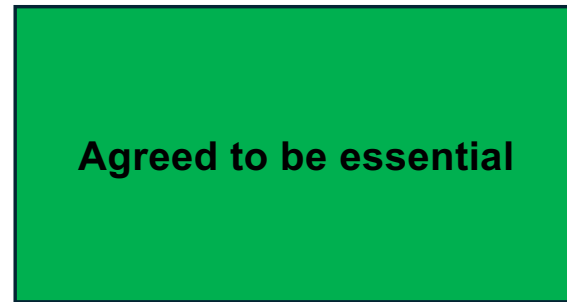
	High risk	Low-intermediate risk
ATRA-chemo	<b>Agreed to be essential</b>	<b>ELN guidelines no longer recommend  (controversial)</b>
ATRA-arsenic	<b>Data still immature</b>	<b>Agreed to be unnecessary  Do we need to monitor until MRD negative ?</b>

# Is Disease Monitoring Still Necessary ?

High risk

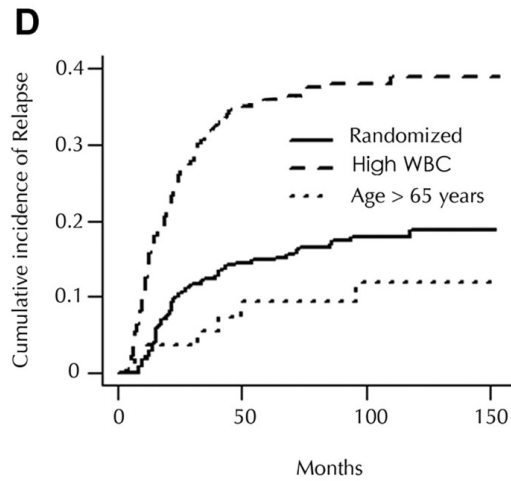
Low-intermediate risk

ATRA-chemo

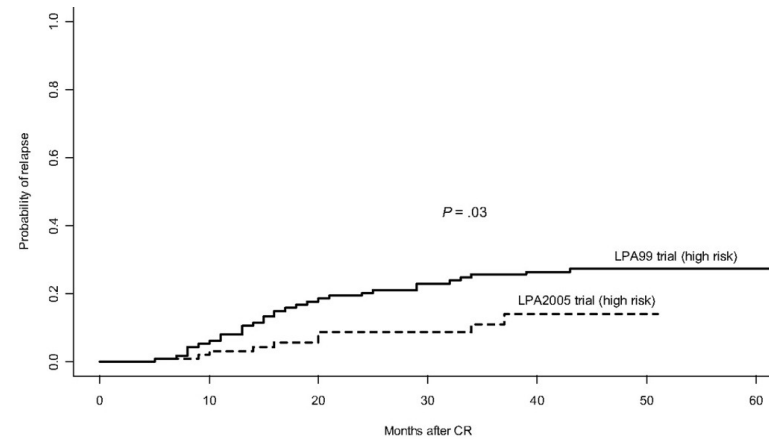


ATRA-arsenic

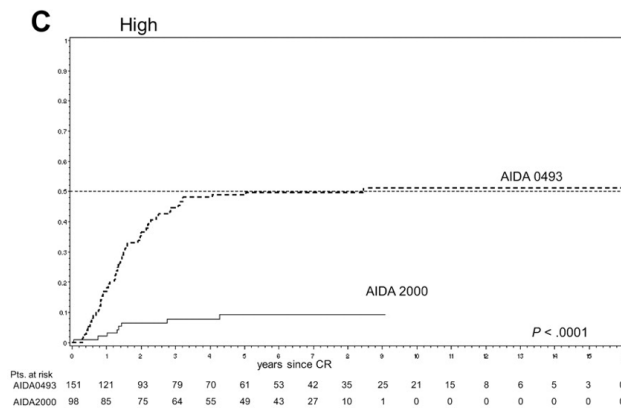
# Relapse in high-risk patients receiving chemotherapy



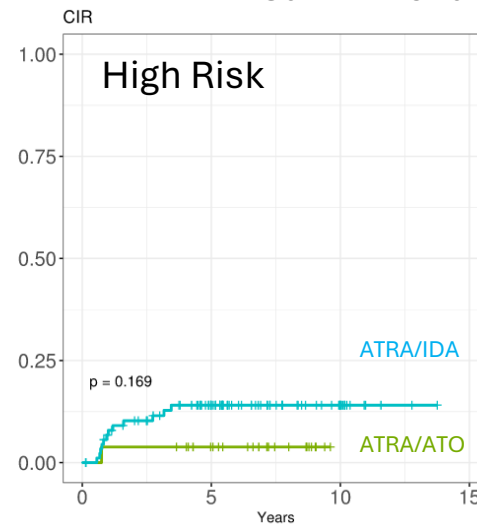
Adés L. et al, Blood 2010



Sanz M. et al, Blood 2010



Lo Coco F. et al, Blood 2010



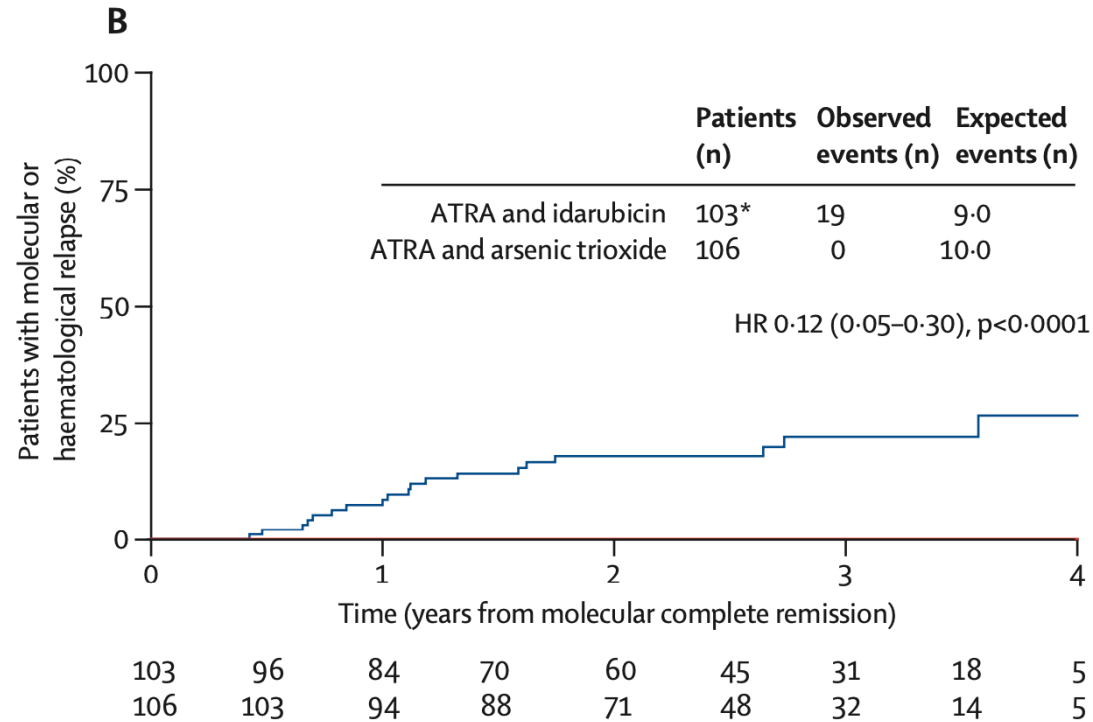
Guarnera L. et al EHA 2023



# Is Disease Monitoring Still Necessary ?

	High risk	Low-intermediate risk
ATRA-chemo	<b>Agreed to be essential</b>	<b>ELN guidelines no longer recommend (controversial)</b>
ATRA-arsenic		

# Non-high risk patients have a non-trivial relapse risk



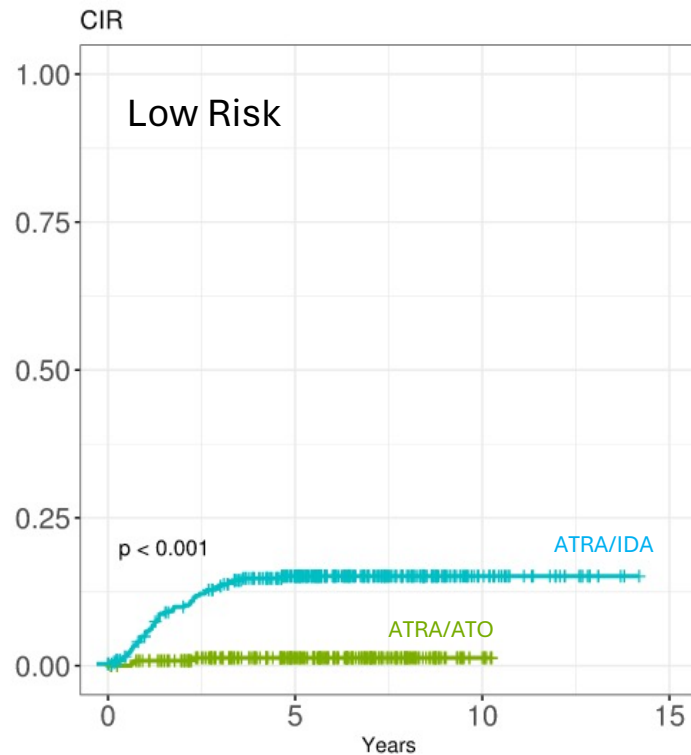
Molecular or haematological relapse from MRD- after AIDA

Overall = 18%

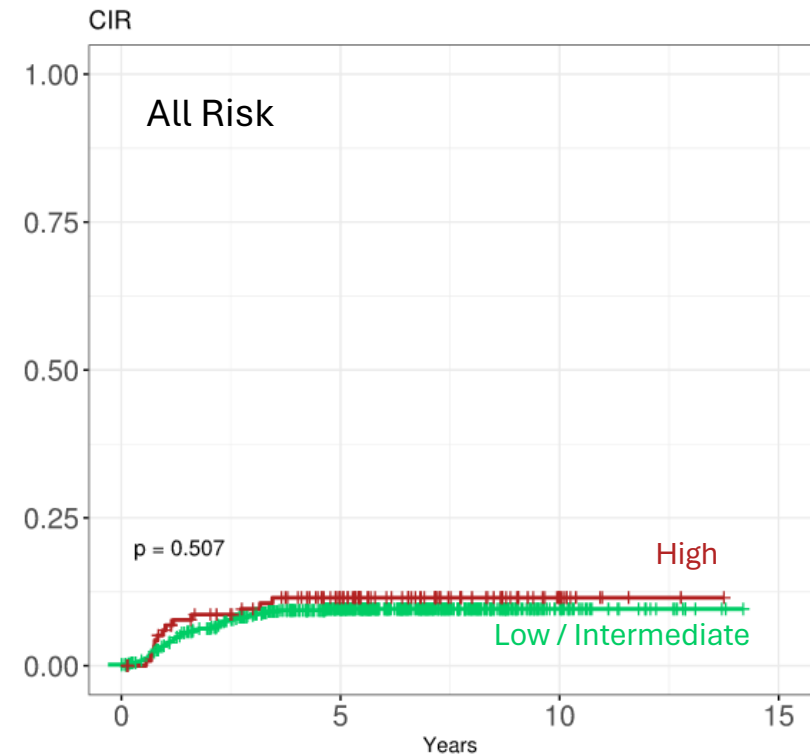
HR = 36% (8/22)

**SR = 14% (11/79)**

# Non-high risk patients have a non-trivial relapse risk

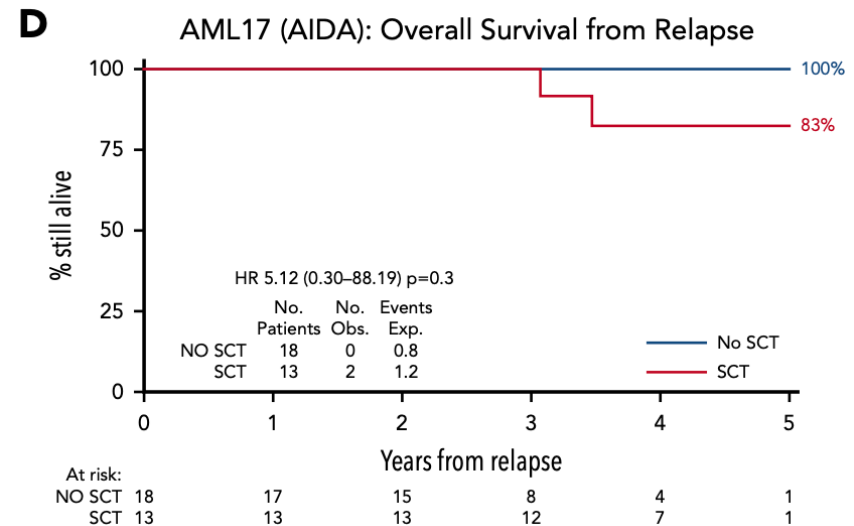
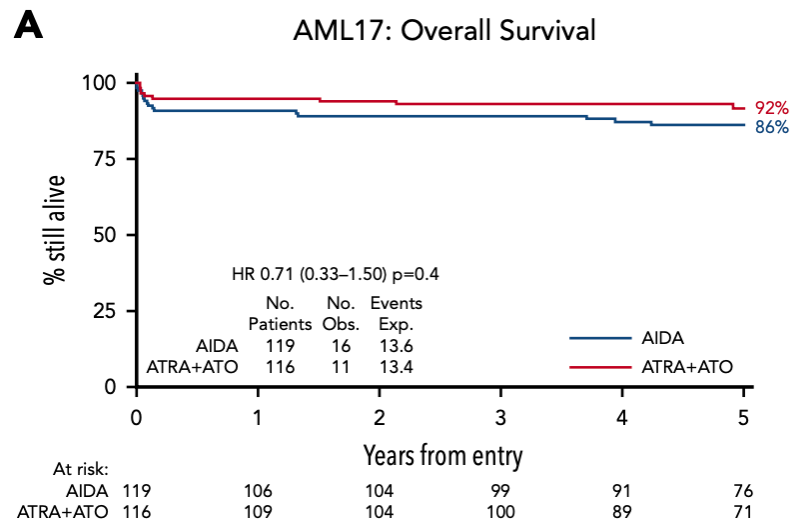


Arsenic_trioxide_and_ATRA	239	145	6	0
ATRA_and_Idarubicin	333	215	29	0



Low_Intermediate	576	361	35	0
High	119	73	12	0

# Survival after MRD relapse is excellent



32 molecular / haematological relapses in AIDA  
(17/32 MRD relapse = 53%)

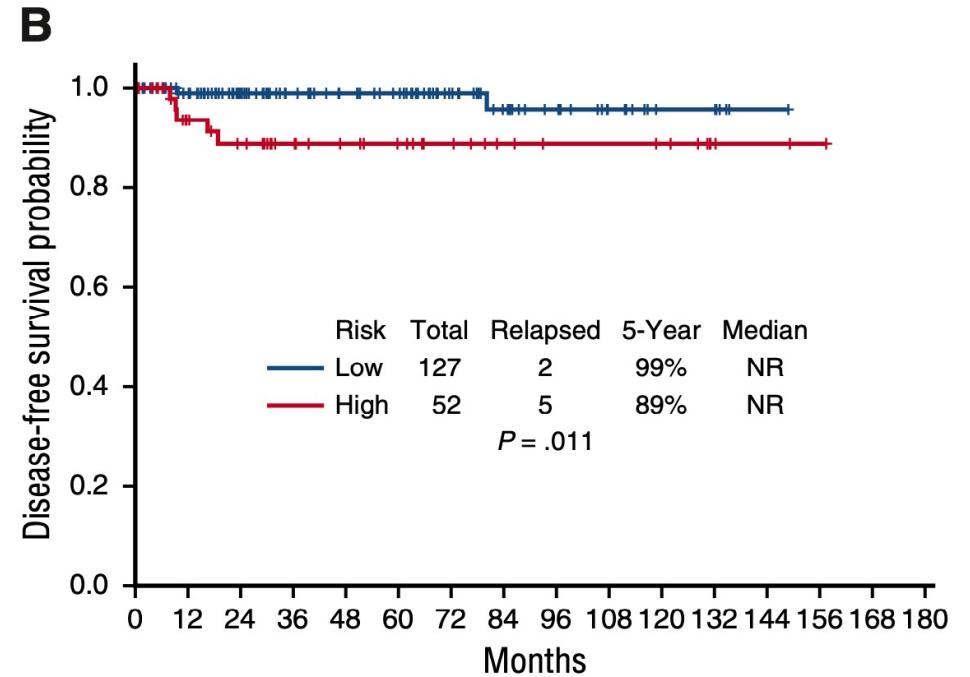
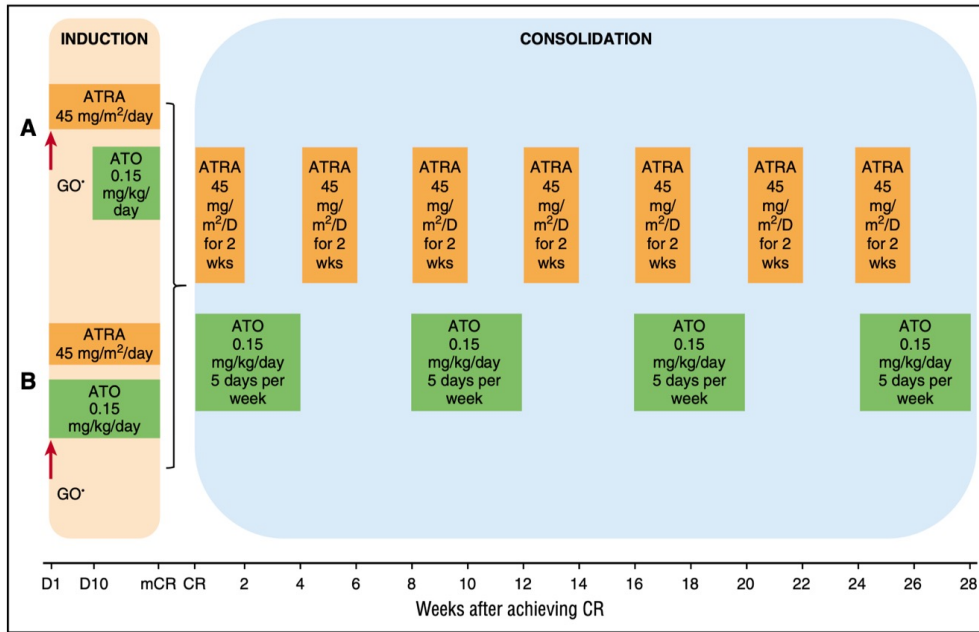
1 patient died before treatment

31 became MRD negative with ATO-ATRA salvage

# Is Disease Monitoring Still Necessary ?

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# MD Anderson ATO-ATRA series



HR 5/52 = 9.6%

LR 2/127 = 1.6%

> All had achieved MRD-

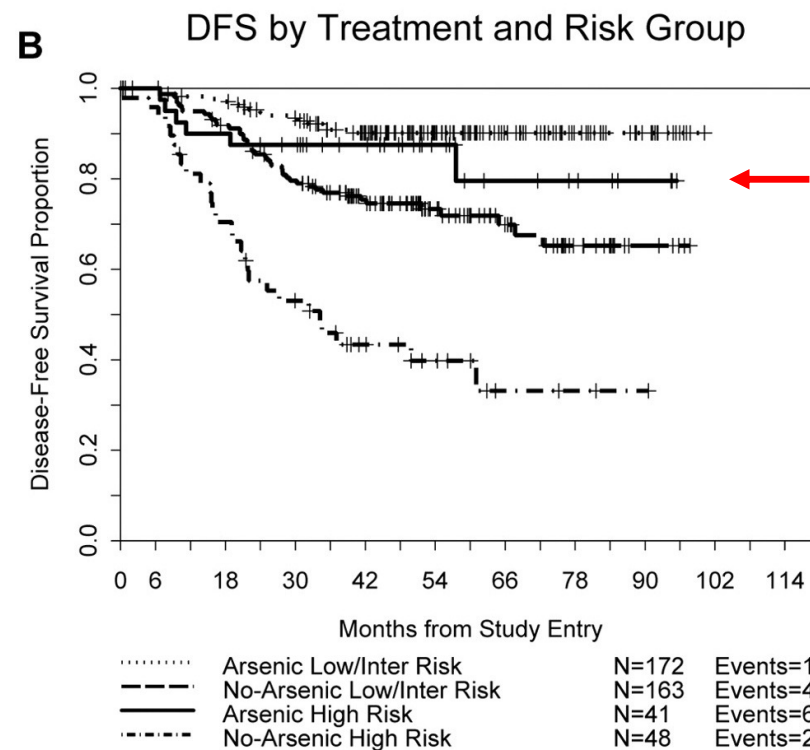
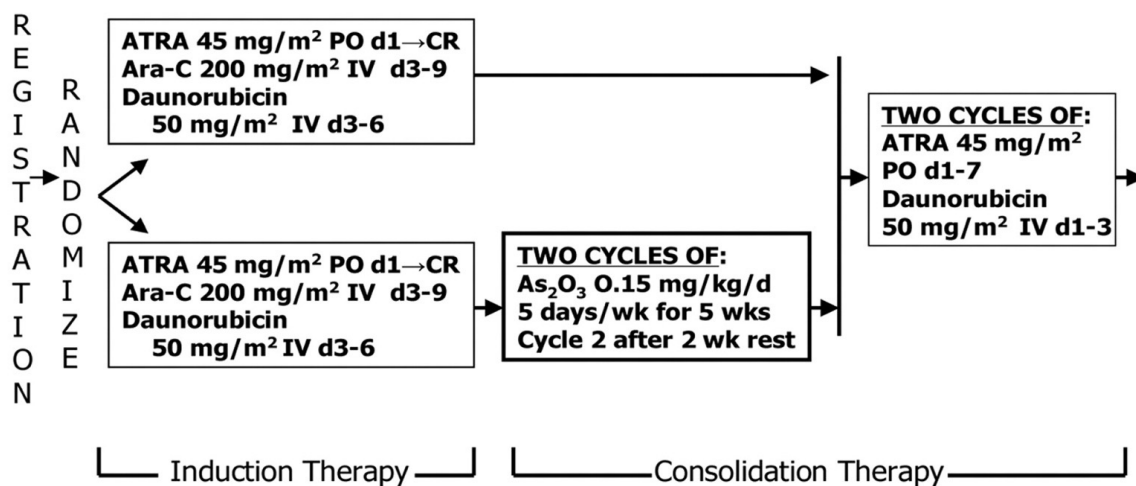
Table 2. Characteristics of relapsed acute promyelocytic leukemia patients

Patient no.	Risk category	Age (y)	Sex	Cytogenetics	FLT3 status	Time to first relapse (mo)	Type of first relapse
1	High	52	F	Diploid	ND	9.2	Molecular*
2	Low	42	M	46XY t(15;17) [20]	ND	79.5	Hematological/molecular
3	High	38	M	46XY t(15;17) [19]	ND	9	Hematological/molecular
4	High	79	M	46XY t(15;17), der (17) i (17) (q10) [18]; 46 XY [2]	Neg	12.4	Molecular*
5	High	18	M	46XY t(15;17) [19]	ND	9.4	Molecular*
6	Low	19	F	Diploid	Neg	9.5	Hematological
7	High	35	M	46XY t(15;17) [16]; 46 idem, del 7 [1]; 46 XY [3]	Neg	7.9	Hematological

Abaza Y. et al,  
Blood 2017

# US Intergroup C9710 Study

## C9710 - Treatment

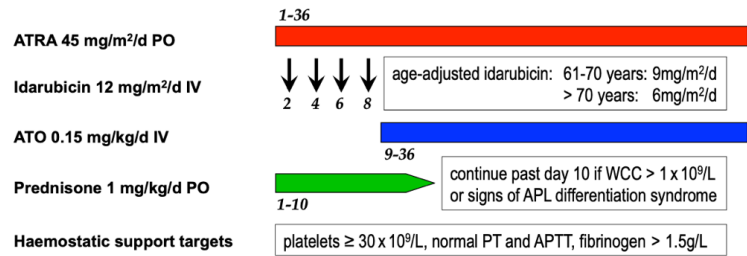


Powell B.L. et al, Blood 2010

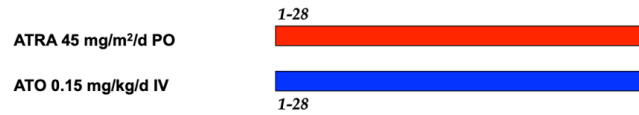
Relapse or death after CR in high risk patients  
ATO+ATRA+Chemo 10% at 2y, 14% overall

# ALLG APML4 Study

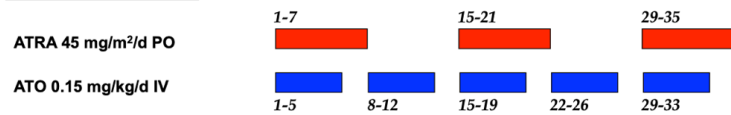
## Induction



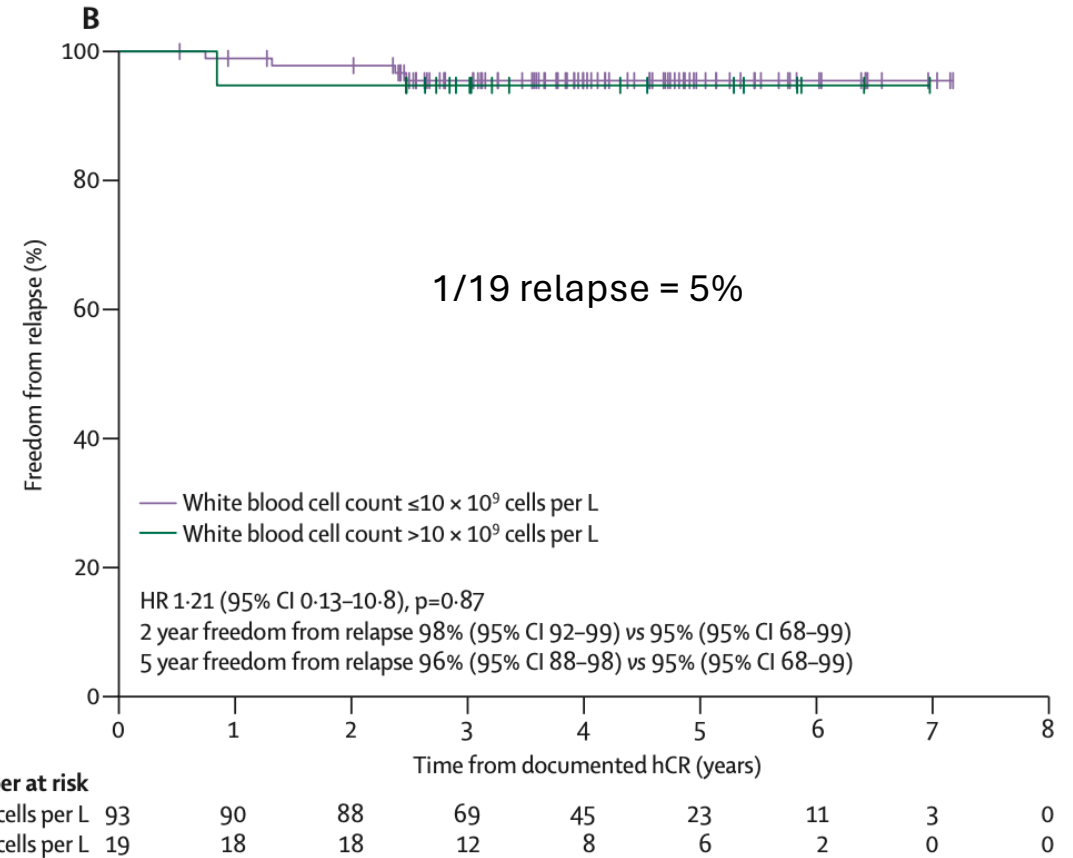
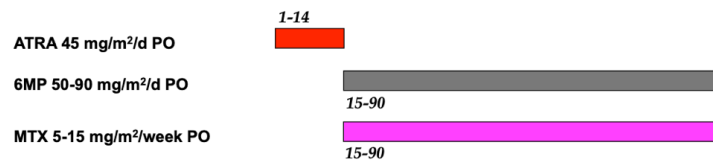
## Consolidation #1



## Consolidation #2



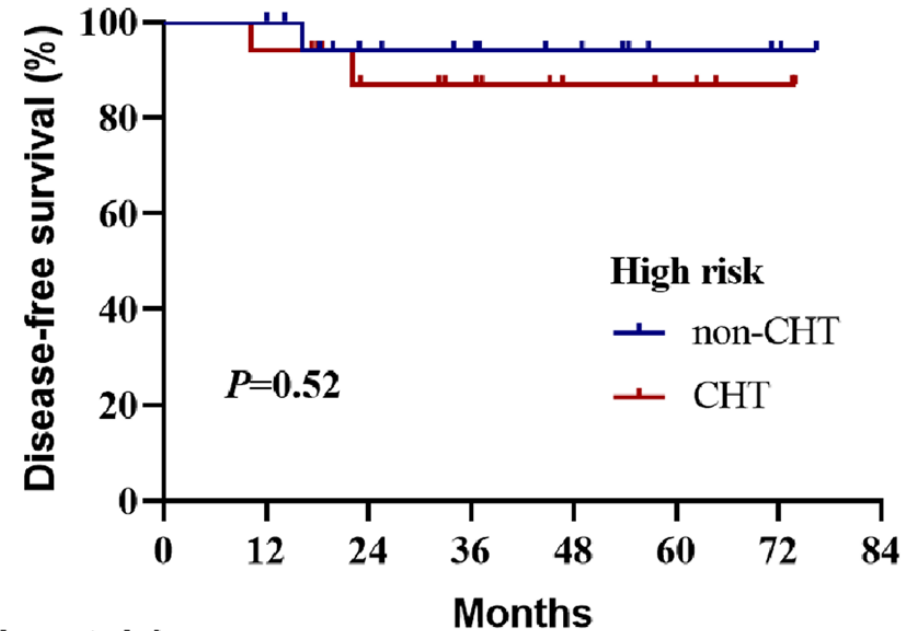
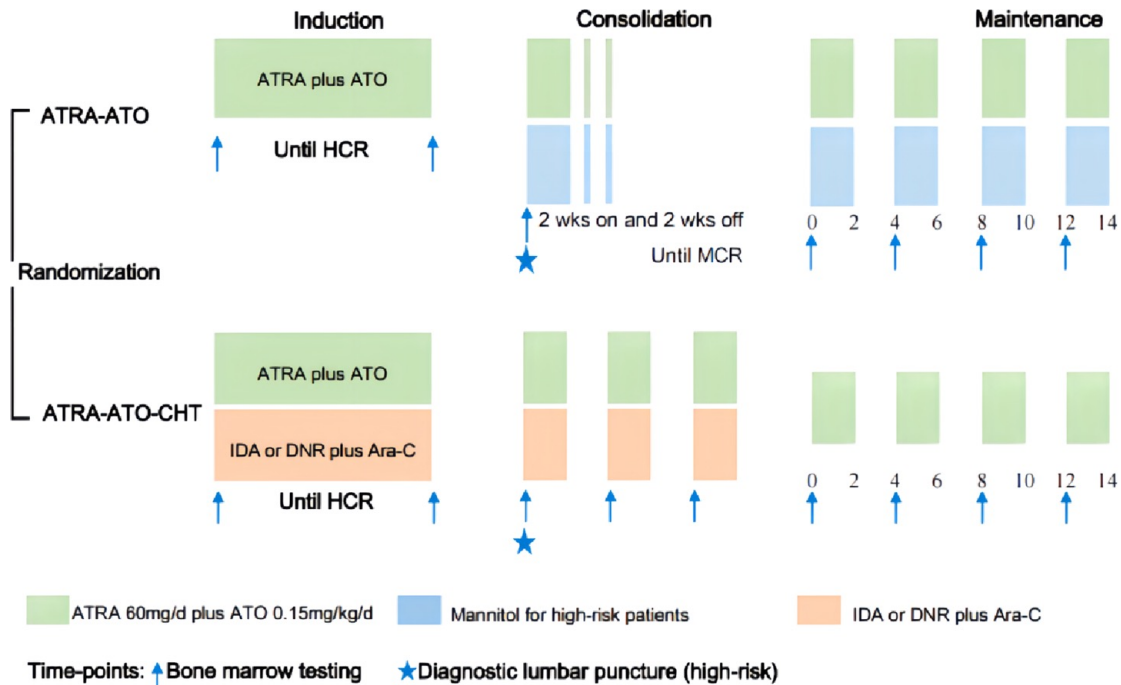
## Maintenance (3-month cycles x 8)



Iland, H. Lancet Haematology 2015



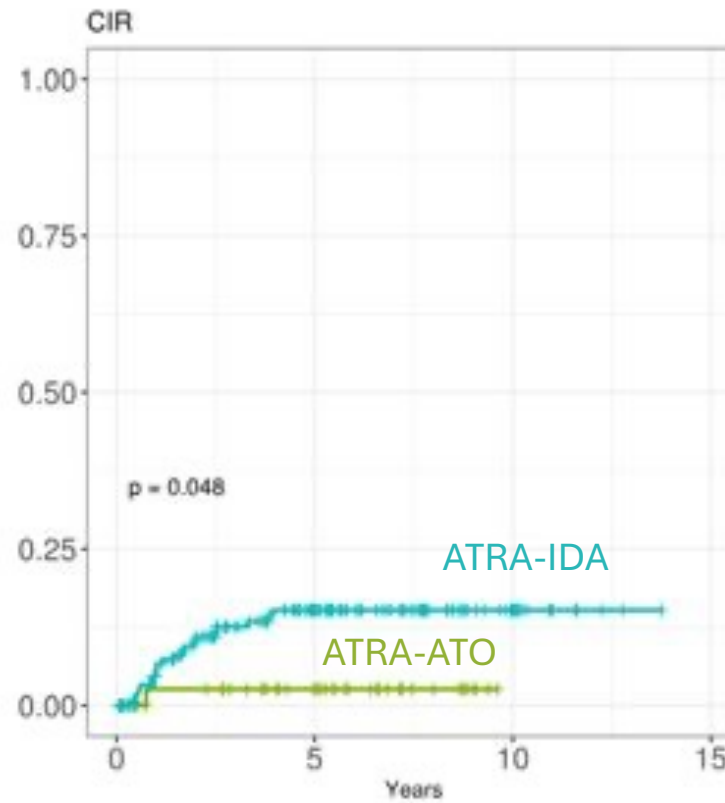
# Xi'an APML15 Study



Number at risk		Months							
		0	12	24	36	48	60	72	84
non-CHT	19	13	11	8	4	3	1		
CHT	17	12	10	6	5	3	1		

Overall 3 / 36 = 8% relapsed

# HARMONY APL Cohort



1/41 = 2.4%

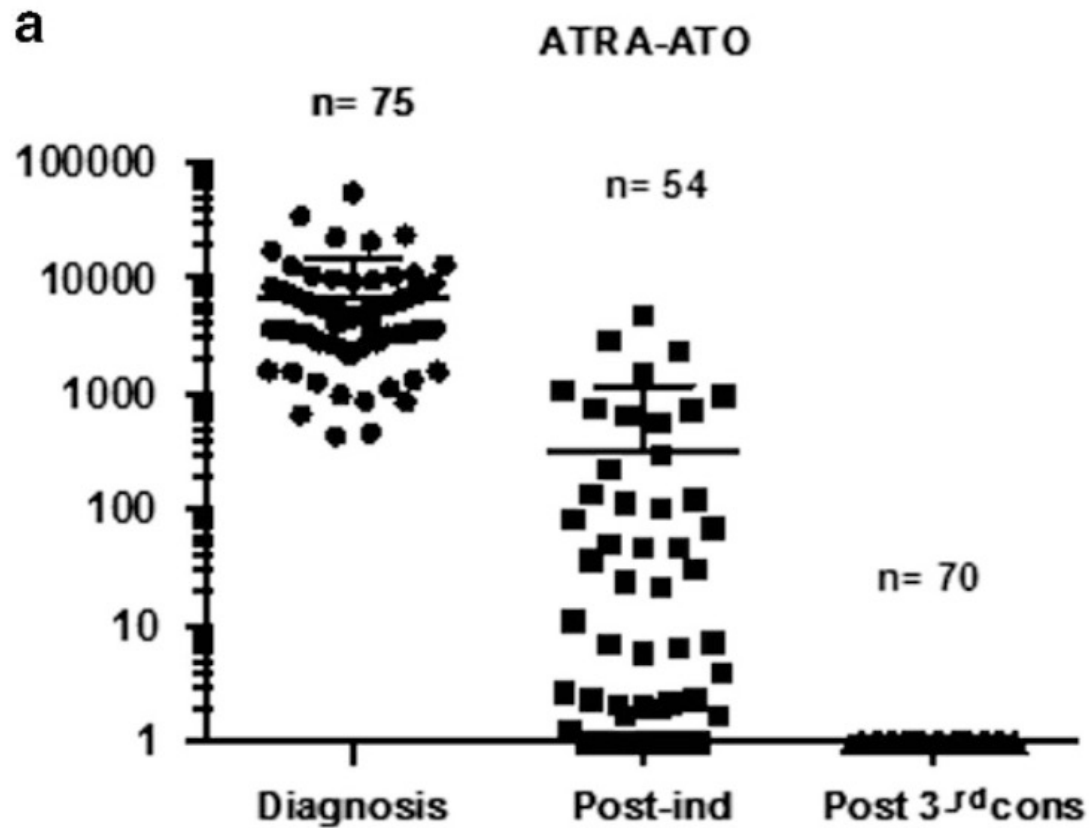
Arsenic trioxide and ATRA	41	25	0	0
ATRA and Idarubicin	164	74	15	0

Guarnera, L. et al ASH 2023

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ATRA-chemo	<b>Agreed to be essential</b>	<b>ELN guidelines no longer recommend  (controversial)</b>
ATRA-arsenic	<b>Data still immature  Relapse 0-14%  Protocol dependent</b>	<b>Agreed to be unnecessary  Do we need to monitor until MRD negative ?</b>

# MRD Clearance after Front Line ATO-ATRA

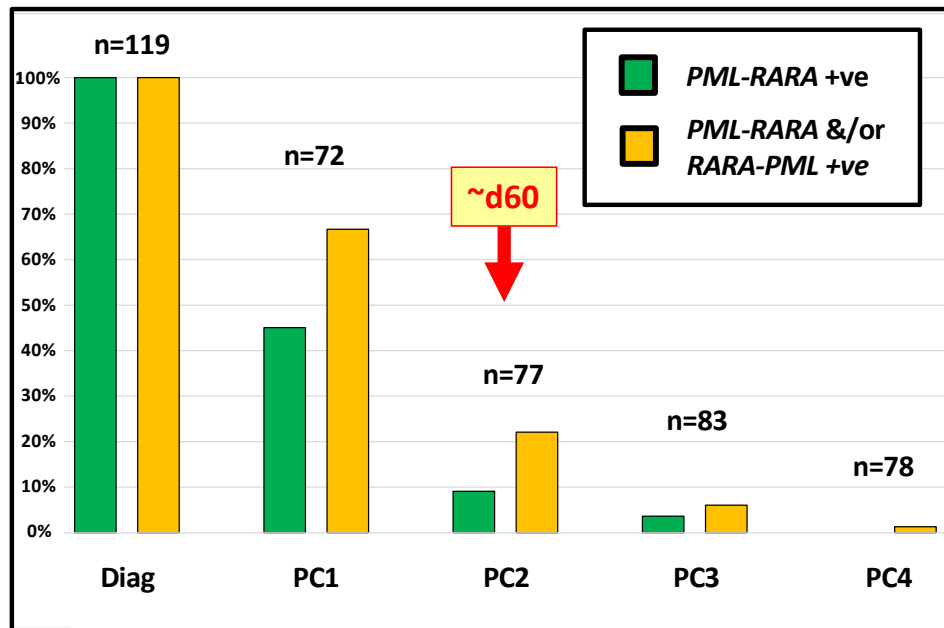


## ALLG APML4

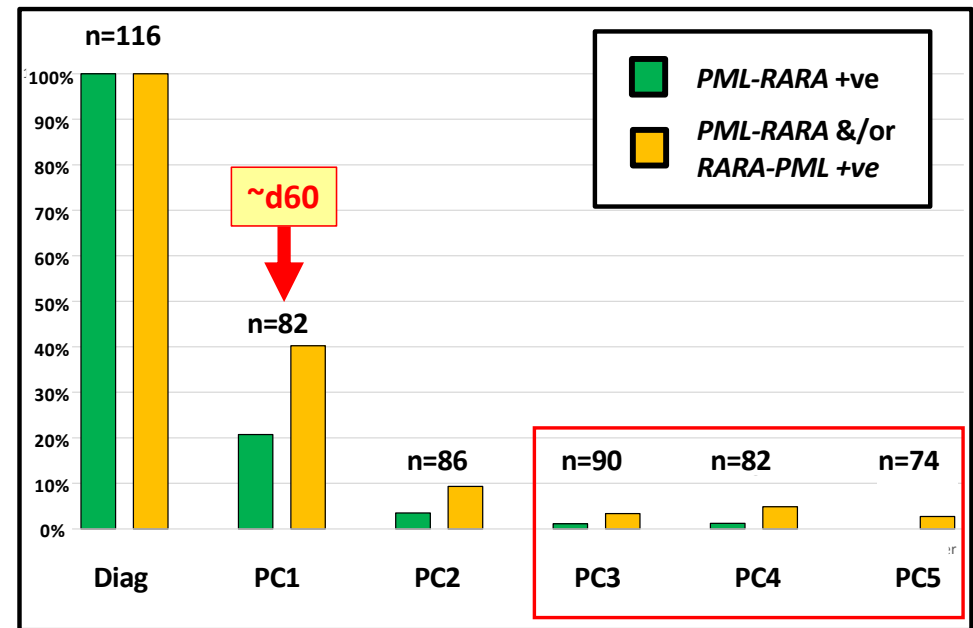
105/105 patients MRD negative  
After second consolidation

# MRD Clearance after Front Line ATO-ATRA

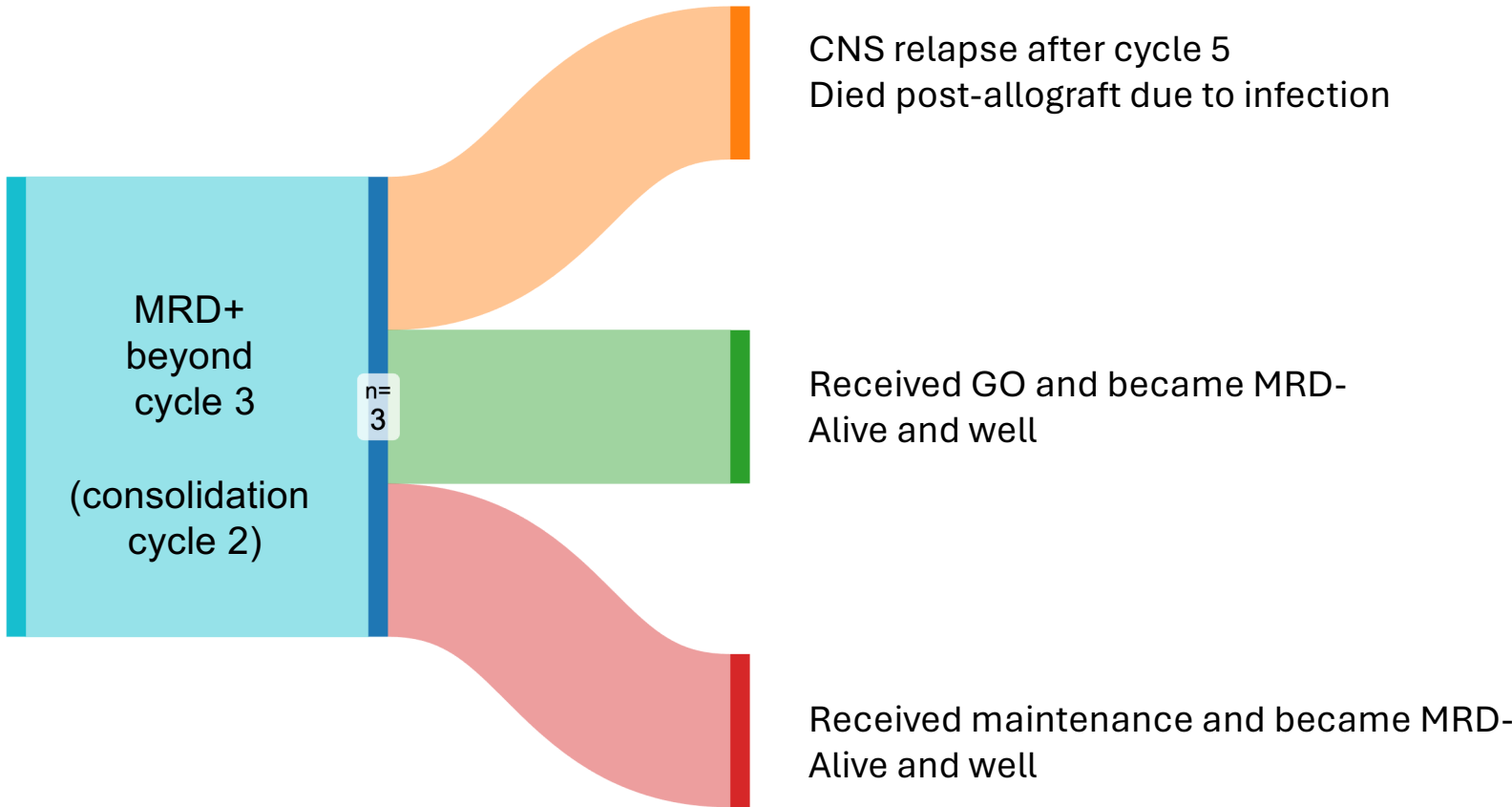
## AIDA



## ATRA + ATO



# Outcomes for Patients with MRD persistence after ATO



All three were low risk

# Is Disease Monitoring Still Necessary ?

	High risk	Low-intermediate risk
ATRA-chemo	<b>Agreed to be essential</b>	<b>ELN guidelines no longer recommend</b> <b>But, significant relapse risk remains (~15%)</b>
ATRA-arsenic	<b>Data still immature</b> <b>Relapse 0-14%</b> <b>Protocol dependent</b>	<b>Agreed to be unnecessary</b> <b>Occasional MRD failures</b> <b>Monitor until MRD-</b>

Many thanks for your attention. We gratefully acknowledge all trial participants and their families.

